

## Organized one-day workshop on, 'CANCER' and Its impact on human life



Date of the Event: 25 July, 2022

Venue of the Event: Shivaji Mahavidyalaya Gadchiroli

Organizing Department: Department of NSS

### Objectives of the Event:

- 1) To help educate people about cancer prevention, early detection, and screening, and how to remove the stigma and fear around the disease
- 2) To address the fears and barriers people face when talking about cancer
- 3) To reduce health inequalities and improve cancer outcomes.

### Brief Report:

To spread awareness and aid in early diagnosis of cancer among our students, the Department of NSS conducted a workshop on Cancer Awareness and its Prevention on July 25, 2022. World Cancer Day is observed on February 4 every year. The theme 'I am and I Will' is a celebration of the resilience of cancer patients and healthcare workers. The guest speakers for this event were Dr. Lata Harsule (STOP Cancer Mission Multipurpose Society, Arogyadham Lifestyle

Private Limited Nagpur), Dr Vilas Khune and NSS Programme Officers. The common theme in the speeches was the urgent need to curb misconceptions related to cancer. As Dr. Lata Harsule advised, “Do not panic or delay treatment.”

According to Dr. Harsule, cancer does not necessarily mean death, “remission is common if symptoms receive speedy treatment. Further, a healthy lifestyle will drastically reduce cancer risks,” she advised. “Drink a lot of water, as water washes out all the free radicals from our body” added Dr. Khune. Dr. Khune talked about his vision of how to eradicate cancer from the nation by promoting an active and healthy lifestyle.

The session ended with a question-answer session which was very informative for the students.

Event Outcomes:

The students and the teachers understood how to educate themselves about this condition and support early detection or prevention of the disease.

